



*Restoring & Rebuilding a*  
**MARRIAGE**  
*after an Adulterous Affair*

TRUTH & LIGHT PRE-CONFERENCE 2023



# WELCOME

## TIMBERLAKE BIBLICAL COUNSELING CONFERENCE

As the Senior Pastor and the Executive Director of Timberlake Biblical Counseling and Training Center, I want to welcome you to the Truth & Light Conference 2023! This is our sixth annual conference and we are thrilled to have you as our special guest at Timberlake Baptist Church.

The Truth & Light conference is part of the three-part ministry plan of our church: The Expositor's Seminary, Timberlake Christian Schools, and The Timberlake Biblical Counseling & Training Center. This specific conference is committed to providing valuable Bible teaching that is critical to the soul-care of God's people.

The theme of the conference this year is **Living in a Hostile World**. We have brought in conference speakers who will show you from God's Word how to walk in truth, confidently doing the will of God in every area of your life. Dr. Lou Priolo and Dr. Richard Caldwell are well-known and trusted leaders, teachers, and biblical counselors and I am confident that they will bring biblical clarity to this important topic and help you live faithfully in a world that is increasingly hostile to God.

I encourage you to take the time to visit the resource table of books and materials, as well as the TBC&TC table. Both tables will provide many resource options that may be helpful to you.

I want to thank each of you for attending the conference. We pray that you will be blessed by the warm fellowship and the clear teaching that you will hear at this conference. May you leave here encouraged in your walk with the Lord and armed with biblical principles to help you counsel couples in crisis and to live in victory in this hostile world.

For His glory,



Dr. Bryan Ferrell

Dr. Bryan Ferrell

EXECUTIVE DIRECTOR OF COUNSELING  
TIMBERLAKE BIBLICAL COUNSELING & TRAINING CENTER



# Pre-Conference Events

FRIDAY, MARCH 3, 2023

6:00 — 6:45 PM      Check In

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6:45 — 7:00 PM      Welcome

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7:00 — 7:55 PM      SESSION #1  
Counseling Couples after Adultery (pt. 1)

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7:55 — 8:15 PM      Coffee & Refreshments

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8:15 — 9:10 PM      SESSION #2  
Counseling Couples after Adultery (pt. 2)

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9:10 — 9:15 PM      Closing & Announcements

GUEST CONFERENCE SPEAKER

## Dr. Lou Priolo

AUTHOR & BIBLICAL COUNSELOR



Lou Priolo has been a full-time biblical counselor since 1985. He is the author of several books including *The Heart of Anger*, *The Complete Husband*, *Teach Them Diligently*, *Pleasing People* and *Resolving Conflict*, and is the editor of a series of booklets by P&R Publishers dealing with numerous counseling issues. In addition to his books, Lou has dozens of recordings extrapolated from his years of lectures, teaching, and preaching. Lou is a member of the International Association of Biblical Counselors, a Fellow in the Association of Certified Biblical Counselors, and is currently Director of Biblical Counseling at Christ Covenant Buckhead in Atlanta. He travels frequently throughout the United States and abroad training pastors, laymen, and fellow counselors, as well as conducting a wide variety of seminars, through Competent to Counsel International, the nonprofit organization of which he is founder and president. Lou and his wife, Kim, have been married since 1987 and are the parents of two girls, Sophia and Gabriella.

# Counseling Couples after Adultery

with Dr. Lou Priolo

Introduction:

## Circumstantial Factors

### *Common to Marital Unfaithfulness*

- Unsatisfactory \_\_\_\_\_ relations with mate
- Perceived lack of spousal support or encouragement (inattentiveness)
- Parental history/pattern of unfaithfulness
- \_\_\_\_\_ for authority/accountability (recklessness)
- Tendency toward \_\_\_\_\_/lover of pleasure
- Sense of \_\_\_\_\_ (to have someone on the side)
- Promiscuity (of various forms) is accepted in society (and sometimes in the church)
- Breakdown of the \_\_\_\_\_ family
- Early adolescence \_\_\_\_\_ experience
- People who like to test the limits or who are "adrenalin junkies" (reckless/LoP)
- Highly \_\_\_\_\_ individuals
- Often occurs at transition points in life (discontentment with life up to this point)
- \_\_\_\_\_ conflicts with mate
- Many unmet desires/expectations (little hope they will be met within marriage)
- Desire to \_\_\_\_\_ (vengeance) or manipulate mate
- Elevation of wants and expectations to "needs" (idoltrous desires)

# Three Varieties

## *of an Adulterous Affair*

- The "one night stand" affair
- The \_\_\_\_\_ adulterer affair
- The monogamous affair

# The Progression & Process

## *of an Adulterous Affair*

- Lack of "one flesh" intimacy (failure to communicate properly)
- Growing \_\_\_\_\_ of a particular person
- Time spent thinking about the person's attractiveness, endearing qualities, or needs
- \_\_\_\_\_ with, or bitterness towards, mate (over perceived patterns of sin or failure)
- Increased time in the company of other person ("innocent" / unplanned or "inappropriately" planned)
- Ongoing \_\_\_\_\_ comparison of the other person with one's mate
- Increased \_\_\_\_\_ / \_\_\_\_\_ about the other person.
- Purposeful, increased \_\_\_\_\_ conversing with (or being in the presence of) the other person
- Development of \_\_\_\_\_ romantic feelings
- Comparison of those \_\_\_\_\_ towards those of mate
- Comparison of the responsiveness of the other person to those of mate
- Persistent \_\_\_\_\_ adultery
- Lowering (or ignorance) of biblical boundaries concerning behavior towards other
- \_\_\_\_\_ with mate (concealing or falsifying)
- \_\_\_\_\_ (or reprogramming) of one's conscience
- \_\_\_\_\_ or extenuation of the forbidden "friendship" / relationship
- Adulterous affair

## Case Study

### *“How Can I Forget?”*

“It’s one thing to forgive him, but how can I forget? Every day I think about Joe in *her* arms, *in her bed*. I don’t want to; the thoughts just come, and then—before I know it—then I am sitting there bawling like a baby. The day is ruined. I can’t get back to work; I just sit there and get lower and lower. I can’t help showing it either when Joe comes home.”

“You can say that again Allison! Pastor, I don’t know what I’m going to do with her. I don’t think there has been a single day go by since we were here last time, when she hasn’t carried on in this way. God forgave me when I repented, and He doesn’t keep on punishing me for my sin; why should she?”

“I don’t want to punish him, I just can’t help think.”

# Basic Counseling

## *Heart Issues Needing to Be Addressed*

- Confession & Repentance
- Clearing Ones \_\_\_\_\_
- Bitterness & Anger
- Rebuilding Trust
- \_\_\_\_\_
- Dishonesty/Deception
- \_\_\_\_\_ Feelings
- One \_\_\_\_\_ Intimacy
- \_\_\_\_\_
- Unrealistic Exactions (Impatience)
- Idolatrous Desires (The Ultimate Cause)
- \_\_\_\_\_
- Discretion (What to tell whom)
- \_\_\_\_\_ (to marriage breakdown)
- Hopelessness/Despair/Confusion
- \_\_\_\_\_ (self-condemnation)

# Basic Counseling

## *Heart Issues Needing to Be Addressed*

- Inordinate \_\_\_\_\_ (badgering)
- Minimizing (the sin and it's impact)
- \_\_\_\_\_ Counsel/Influence
- Fatigue/Eating Issues/Insomnia
- Anxiety/Suspiciousness
- Sexual Issues (Comparison, STDs)
- Temptation to \_\_\_\_\_
- Issues with the \_\_\_\_\_
- \_\_\_\_\_ for Vengeance
- Victim \_\_\_\_\_
- Impatience (Instant Restoration)
- Issues Related to \_\_\_\_\_
- TMI
- \_\_\_\_\_
- Issues of the Heart

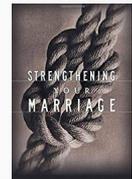
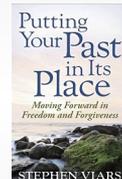
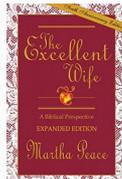
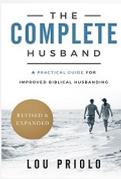
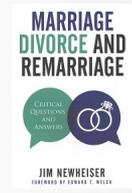
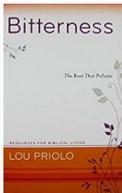
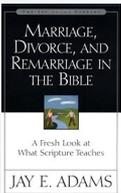
# Biblical Guidelines

## *for Rebuilding Marriages*

- Have \_\_\_\_\_ that God can rebuild.
- \_\_\_\_\_ to forgive and reconstruct.
- Study applicable \_\_\_\_\_ principles.
- Identify specific \_\_\_\_\_ and failures.
- Assume \_\_\_\_\_ responsibility for sins.
- Develop a \_\_\_\_\_ plan of action.
- Commit to following the plan.
- Examine \_\_\_\_\_ for obedience.
- Persevere in the \_\_\_\_\_ of change.
- Seek the \_\_\_\_\_ of other believers.



## Biblical Resources *for Rebuilding Marriages*



MAKE YOUR PLANS TO BE WITH US NEXT YEAR!

# TRUTH & LIGHT

TIMBERLAKE BIBLICAL COUNSELING CONFERENCE

MARCH 1 - 3, 2024



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